

Community Resources

Gathered by Wayland SEPAC, Community Resources Committee
Wayland SEPAC: waylandsepac@gmail.com

This list was compiled by parents as a helpful resource, which parents have found useful. This list doesn't represent resources that are endorsed by the Wayland School District or SEPAC.

We hope this list will help you to better understand your child's disability, and empower you with more knowledge to help your children. If you have a resource you would like to share, please contact the Community Resource Chair, [Julie Kannel](#). You may also post a link yourself to the resource on the SEPAC facebook page, and we will add it to this document.

Wayland Public Schools Student Services Personnel

- https://www.wayland.k12.ma.us/administration/student_services

Wayland Public Schools, District Information

- Social Emotional Learning
https://www.wayland.k12.ma.us/district_info/s_e_l
- Bullying & Prevention
http://wayland.sharpschool.net/administration/student_services/bullying_prevention
 - Bullying Incident Form (at end of document)
http://wayland.sharpschool.net/UserFiles/Servers/Server_1036352/File/Student%20Services/Docs/Wayland%20Bullying%20Plan%20Rev.%20Dec.%202015.pdf
 - Page to links to report bullying
http://wayland.sharpschool.net/district_info/bullying_prevention_and_intervention_plan/report_bullying
- School Committee Presentations and Reports
http://wayland.sharpschool.net/school_committee/presentations_reports
 - Review of Special Education Programming, in the Wayland Public Schools.
http://wayland.sharpschool.net/UserFiles/Servers/Server_1036352/File/SchoolCommittee/Presentations%20&%20Reports/SPED_Program_Review_2015.pdf

Special Education Laws

- Federal Special Education Regulations
 - <https://sites.ed.gov/idea/statuteregulations/#regulations>
- Massachusetts Special Education Regulations
 - <http://www.doe.mass.edu/lawsregs/603cmr28.html>
- U.S. Department of Education
 - <https://sites.ed.gov/idea/>
- Bullying Prevention and Intervention
 - <http://www.doe.mass.edu/sfs/bullying/>
- A great resource for many topics
 - <https://www.wrightslaw.com/topics.htm>
- Federation For Children With Special Needs
 - <https://fcsn.org/programs/>
- Transition 14+
 - <http://www.doe.mass.edu/sped/links/transition.html>
 - <https://fcsn.org/linkcenter/>
- Special Education Eligibility **Flow-Chart**
 - <http://www.doe.mass.edu/sped/iep/forms/english/ed1.pdf>
- FCSN IEP Guide
 - <https://fcsn.org/parents-guide/>
 - <https://fcsn.org/wp-content/uploads/sites/2/2021/08/pgenglish.pdf>

Resources for Specific Topics/Disabilities, (from MA Eligibility Flowchart)

<http://www.doe.mass.edu/sped/links.html>

- **Autism Resources**

- <http://www.doe.mass.edu/sped/links/Autism.html>
- <https://www.massgeneral.org/children/autism/lurie-center>
Multi-specialty clinic including developmental medicine, neurology, GI, psychology (assessment and therapy), as well as parent support and resources.
Dr Ann Neumeyer, physician, is great.
- **AANE**
51 Water Street, Suite 206
Watertown, MA 02472
(617) 393-3824
<https://www.aane.org/>

- **ADD/ADHD Resources**

- **The Hallowell Center**
144 North Road
Sudbury, MA
978-287-0810
<http://www.drhallowell.com/boston-metrowest/>
- [Additude Magazine](#)
- [Dr. Sharon Saline](#) -- ADHD Focus
- [Understood.org](#)
- **Facebook Support Group for Wayland only:** On Facebook, search Wayland ADHD and Mental Health Diagnoses Support Group
- **Facebook Support Group for Massachusetts:** Search ADHD/ODD/Anxiety/Sensory Parents Massachusetts

- **Blindness Resources**

- <http://www.doe.mass.edu/sped/links/Blind.html>

- **Communication Impairment Resources**

- <http://www.doe.mass.edu/sped/links/speech.html>

- **Deafness Resources**

- <http://www.doe.mass.edu/sped/links/Deaf.html>
- **Developmental Delay Resources**
 - <http://www.doe.mass.edu/sped/links/DDelay.html>
- **Dyslexia Resources**
 - <http://www.decodingdyslexiama.org/resources.html>
 - <http://www.childrenshospital.org/Research/Labs/gaab-laboratory>
 - <https://www.gse.harvard.edu/news/uk/18/11/theres-app>
 - <https://dyslexiaida.org/>
 - <https://dyslexia.yale.edu/> Overcoming Dyslexia, Sally Shaywitz
 - <https://www.facebook.com/groups/decodingdyslexiama/?ref=share>
 - <https://www.wheelerschool.org/news/free-reading-screenings-at-hamilton-institute/>
 - https://www.childrensdyslexiacenters.org/tutoring_location/massachusetts-greater-boston/
 - [Wrightslaw - Reading assessments](#)
 - [DESE Dyslexia Guide](#)
 - [MA Literacy - Dr. Gaab](#)
 - [Dyslexia Coffee Talk](#) - lots of great presentations
 - [Talk by Nancy Duggan - Decoding Dyslexia](#) - sidebar on right
 - [OSERS 2015 letter](#) - stating schools should say dyslexia on IEP's
 - [Massachusetts Dyslexia Guidelines](#)
 - Podcasts:
 - [The Educate Podcast](#)
 - [Science of Reading: The Podcast](#)
 - [10/29/2019 BESE Regular Meeting: Students with Dyslexia: Update on Department Activities to Assist School - Massachusetts Board of Elementary and Secondary Education \(BESE\)](#) October 2019, DESE issued [an advisory](#) that it “continues to remind districts not to defer screening and support for students in anticipation of forthcoming guidelines.”
 - Schools are obligated to Child Find under Federal Law and and MA Gen Law 71B Sec 3 (which requires identification, assessment, evaluation, and diagnosis of all students with disabilities)
- **Emotional Disability Resources**
 - <http://www.doe.mass.edu/sped/links/emotional.html>
- **Health Disability Resources**
 - <http://www.doe.mass.edu/sped/links/healthimpair.html>
- **Intellectual Disability Resources**
 - <http://www.doe.mass.edu/sped/links/intellectimpair.html>

- **Neurological (TBI) Disability Resources**
 - <http://www.doe.mass.edu/sped/links/brain.html>

- **Physical Disability Resources**
 - <http://www.doe.mass.edu/sped/links/pi.html>
 - [Care for Children with Medical Complexity | Programs & Services](#)

- **Specific Learning Disability Resources**
 - <http://www.doe.mass.edu/sped/links/learndisability.html>

Specialists

CCC-SLP's

- **Cognitive Connections**
 Sarah Ward & Kristen Jacobsen
 747 Main Street, Suite 307
 Concord, MA 01742
 Phone: 978-369-5200
Executive Functioning
<https://www.efpractice.com/>

- **Social Thinking Boston**
 142 North Road, Suite SS
 Sudbury, Massachusetts 01776
 Phone: 978-610-6603
Social Skills/Social Pragmatics
<http://socialthinkingboston.com/>

- **Architects For Learning**
 Bonnie Singer, Ph.D., CCC
 160 Gould Street, Suite 203
 Needham Heights, MA 02494
 Phone: 781.235.8412
Writing specialists
<http://www.architectsforlearning.com/students-parents/about-us/>

- **Chatterboxes Newton**
<https://www.teamchatterboxes.com/>
- **Confidence Connection**
Kimberly Ho, PhD CCC-SLP RBT
Pronouns: she/her
Adjunct Professor at Nova Southeastern University
H: 978-443-2548 M: 617-281-5379 O: 781-433-9890
Speech, Language, and Hearing Services
<http://www.kimberlyho.net/>
Hi, I am a local speech therapist who has served a homeschooled child in Wayland with severe disabilities and no speech for a number of years. I was wondering if you could please share my website with any parents who may be interested in receiving private teletherapy for their children.

Group Therapy/Social Skills Groups

- **Academy MetroWest, Bruce Sabian**
218 Speen Street, Natick, MA 01760
508.655.9200
<https://academymetrowest.com/>
- **Social Thinking Boston (see above, CCC-SLP)**
- **The Ely Center**
400 Hunnewell St., Suite 4
Needham MA 02494
<https://elycenter.com/>
- **Lex Communicate**
110 Hartwell Ave, Suite 350
Lexington, MA 02421
They specialize in EF and social cognitive skills, but have licensed and certified SLPs who treat a range of communication disorders in 1:1 or small group settings.
<https://www.lexcommunicate.com/>
- **MGH Aspire, Lurie Center**
1 Maguire Road
Lexington, MA 02421
Phone: 781-860-1900
<https://www.massgeneral.org/children/aspire/>

- **Sudbury Speech**
260 Boston Post Road, Wayland
Social Groups
<https://www.sudburyspeech.com/about>
- **Confidence Connections**
140 Gould St
Needham, Ma 02494
(781) 433-9890
<http://www.confidenceconnection.org/about-us.html>
Founder/Director: Eve Webber
Note from parent: Services offered: ABA/OT/Speech/Social Groups/Tutoring (tutoring is not covered by insurance and I have not used this service but know it's offered.
They also do summer camp(s) and this year offered many services via Zoom.

BCBA's

- **Jessica Minahan, M.Ed, BCBA**
Behavior and Anxiety
<https://jessicaminahan.com/about-jessica-minahan/>
<https://jessicaminahan.com/publications/>

Dyslexia

OG Tutors

- **Carroll School Tutor Referral List** contact afrench@carrollschool.org, she puts your name on a listserv. Provide your information: [please click here](#)
- **Landmark List** email: outsidetutorialsEMS@landmarkschool.org (middle/elementary tutors)
- **Scottish Rite Centers**
https://www.childrensdyslexiacenters.org/tutoring_location/massachusetts-greater-boston/
- **Fred center** www.thefredcenter.com

Homeschool Dyslexia Programs

- **Teach Your Child to Read in 100 Easy Essays** (middle school appropriate)
- **All About Reading/All About Spelling** (A Wayland mom has this if anyone wants to borrow)

PT / OT

- <https://www.bostonabilitycenter.com/>
- [Care for Children with Medical Complexity | Programs & Services](#)
- <https://www.otawatertown.com> (Good for sensory issues.)
- <https://www.play2learnthérapies.com/>

Pediatricians

- Pediatrician for kids with complex needs: **Dr Adam Strauss** at Westwood Mansfield Pediatrics in Westwood, affiliated with Boston Children's Hospital.

Psychiatrists

- **Dr Tanishia Choice**, Lexington
(857) 600-1035
- **Dr Betty Wang**
<https://www.massgeneral.org/doctors/17651/betty-wang>

Dental

- <https://franciscanchildrens.org/dentistry-and-surgery/>

Neuropsychological Testing and Information

- **NESCA**
55 Chapel Street, Suite 202
Newton, MA 02458
617.658.9800
<https://nescanewton.com>
Blog: <https://nescanewton.com/nescanotes/>
Subscribe to their newsletter here:
https://feedburner.google.com/fb/a/mailverify?uri=NescaNotes&loc=en_US
- **Achieve New England**
801 Main Street - Suite 7
Concord, Massachusetts 01742
(617) 539-6762
<https://www.achievenewengland.com/>
Dr. Doty currently serves as President of the Board of Directors for the International Dyslexia Association, Massachusetts Branch

Adult Assessment of Woman on the Autism Spectrum

- **Alyssa Milot Travers**
745 High St. #204
Westwood, MA 02090
774.217.5708
drmilot@milotphd.com
[Psychology Today Profile](#)
<https://dralyssatravers.com/about-me/>

Vision Therapy

- **Vision Care Specialists**
Dr John Abbondanza
30 Turnpike Road, Suite 7
Southborough, MA 01772
508-481-8558
<https://www.greatvisioncare.com/eye-care-services/vision-therapy-optometrist/>

Anxiety

- **InStride Health**
info@instride.health
(855) 438-8331

<https://instride.health/>

It looks like you have to have specific insurance to use them right now. I found this on their website.... "We are offering services in Massachusetts for patients who are insured through Optum, UnitedHealth, AllWays, Harvard Pilgrim, and Oscar."

A Wayland parent shared these comments.... Wanted to share this resource as so many kids with learning differences struggle with anxiety. A friend recently had a really good experience with this intensive program; they address anxiety, OCD and other compulsive disorders.

Assistive Technology

- **Easterseals Massachusetts**
484 Main Street, Denholm Building
Worcester, MA 01608-1817
(508)757-2756
<https://www.easterseals.com/ma/our-programs/assistive-technology/>

Transition 14+ Services

- **Work Opportunities Unlimited**
160 East Main Street, Westborough MA 01581
<https://workopportunities.net/about-us/contact-us/>

Info about what they help with once your child turns 14 with a documented disability....
<https://workopportunities.net/employment-services/vr-preets/> ...their services don't cost you anything and are so helpful!

Special Education Support/Advice

- **Federation for Children with Special Needs**

529 Main Street, Suite 1M3 Boston, MA 02129
Phone: (617) 236-7210, (800) 331-0688 (in MA)
Email: info@fcsn.org
<https://fcsn.org/>

- **MetroWest Legal Services**

63 Fountain Street, Suite 304
Framingham MA, 01702
(508) 620-1830 | (800) 696-1501
Your income cannot exceed 125% of the Federal poverty Guidelines for their services.
<https://mwlegal.org/work/education>

- **Massachusetts Advocates for Children**

25 Kingston St, 2nd Floor
Boston, MA 02111
(617) 357-8431
<https://www.massadvocates.org/>